

The George Washington University

Professional Psychology Program Fall 2016 Newsletter

Letter from the Director

Dear Colleagues, Alumni and Friends of the Professional Psychology Program,

Our program has had a very good year, exemplified by student and faculty scholarship, excellent internship match results, provision of clinical service to the community and accreditation success.

We are especially proud of the excellent outcome of our program's collaborative work this past year with the American Psychological Association's Office of Program Consultation and Accreditation: in July the APA's Commission on Accreditation (CoA) voted for full accreditation of our program. Looking ahead, we will continue evaluating our program's effectiveness and quality improvement efforts in preparation for submission of a self-study to the CoA at the end of summer 2017, and we expect to have our next site visit in 2018.

As you'll see in this newsletter, this year our students and faculty continued to present their scholarly work at national meetings; likewise, distinguished visitors to our program have shared their insights with us. This fall we welcome the return of Dr. Ruth from a productive sabbatical year and wish Dr. Marmarosh the best as her sabbatical begins.

A brief reminder and invitation: next summer the APA convention will be here in Washington DC and we are looking forward to the opportunity to reconnect with alumni. If you will be in town, please let us know and stop by to say hello!

With warm regards from Old Main,

Loring Ingraham

Loring J. Ingraham, Ph.D.
Director, Professional Psychology Program



Loring J. Ingraham, Ph.D.
Program Director &
Professor of Clinical Psychology

**A warm welcome to all new members of
the GW Professional Psychology Community!**

Welcome Class of 2020!



The George Washington University PsyD Class of 2020

Back row (Left to right): Emma Nowicki, Jesse Greenblatt, Kevin Isserman, Rachel Fenton, Max H.D. Williams

Middle Row: Andy Carton, Connor Adams, Jaime Fryburg, Noor Baker, Rupa Kalasthani, Brittney Stanczuk

Front row: Kaiwen Liu, Charlotte Richards, Olivia Kleinman, Xi Bi, Daniel Jureller, Isabella Sierra, Ciara Abbatelli, Carol Clay

Post Doctorate Update



Dr. Justin Hopkins

In the second year of postdoctoral fellowship, I continue to enjoy long-term work with my patients, and investing time in areas of clinical interests including psychoanalysis and multiculturalism. In particular, I have submitted two proposals to the APA Division 39, 2017 Spring Meeting which focus on teaching and learning about cultural diversity in supervision, and the influence of the *Black Lives Matters* movement on the intrapsychic development of a patient. The Spring Meeting is scheduled in New York City. I'm hopeful that I'll have a chance to present, but nevertheless, I look forward to visiting my original home. In addition, I'm excited to share that I was recently accepted into the Psychoanalytic Studies Program at the Washington Center for Psychoanalysis. The first few weeks of analytic training have been rich, rewarding and intensive. My cohort consists of several GWU Psy.D. graduates, and it's nice to work and learn with individuals who are familiar with our community. I look forward to my training and a fulfilling academic year in the Center Clinic.



Dr. Leslie Klein

Dr. Klein is enjoying the start of the new school year, and getting to work closely with the new cohort. In addition to her responsibilities at the Clinic, she has recently begun working one day a week with Dr. Hedlund at the Lodge School. So far, she has enjoyed this new endeavor and is excited about returning to a place where she has previously worked. In addition to Clinic and program responsibilities, Dr. Klein has worked with Drs. Hopkins, Magenheimer, Ruth and Sheehi to submit a proposal for a panel presentation at the APA Division 39 Spring Meeting.



Dr. Michael Magenheimer

Dr. Magenheimer is looking forward to another year of working closely with students in the Center Clinic. Outside of his postdoc responsibilities he has accepted a position to begin to see patients privately, for individual, group, and couples' psychotherapy, at Dodini Behavioral Health in the near future. Furthermore, he has begun a yearlong post-graduate training program in group psychotherapy at the Washington School of Psychiatry and is looking forward to applying this new knowledge in psychodynamic group psychotherapy to his supervision of groups within the Center Clinic. Finally, along with Drs. Ruth, Hopkins, Klein, and Sheehi, he is looking forward to the opportunity to present on multicultural psychoanalytic supervision and teaching at the APA Division 39 Spring Meeting in New York City.

Faculty Members



Pictured here are the professors for the hooding ceremony in May for the graduating class of 2016.

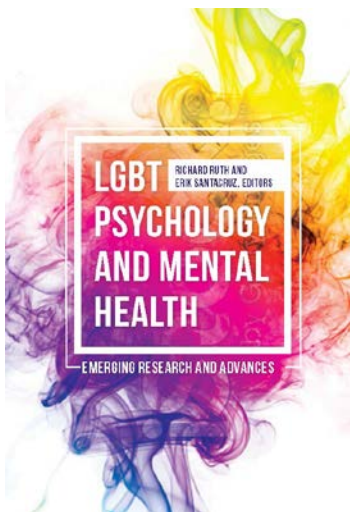
Paul M. Gedo, Ph.D., Associate Professor of Clinical Psychology and Director of Clinical Training and Program Deputy Director

Loring Ingraham, Ph.D., Program Director and Professor of Clinical Psychology

Cheri Marmarosh Ph.D., Associate Professor of Clinical Psychology

Sarah Hedlund Ph.D., Associate Director of the Center Clinic, Clinician Assistant and Professor of Clinical Psychology

The clinic is endeavoring on new research with a minority community to understand the impact that video recording has on treatment. This research is part of a commitment from the clinic to help patients and verify the latest technology can be leveraged for patients at higher risks.



Katherine Marshall Woods, Psy.D. published in October with PsychCritiques, American Psychological Association, a review on the film *Angry Birds* (2016) by Clay Kaytis and Fergal Reilly entitled: Seeing "Red" through Disruptive Mood Dysregulation Disorder. This paper helps illustrate the utility of animated film in depicting the new diagnostic criteria of DMDD found within the DSM-5.

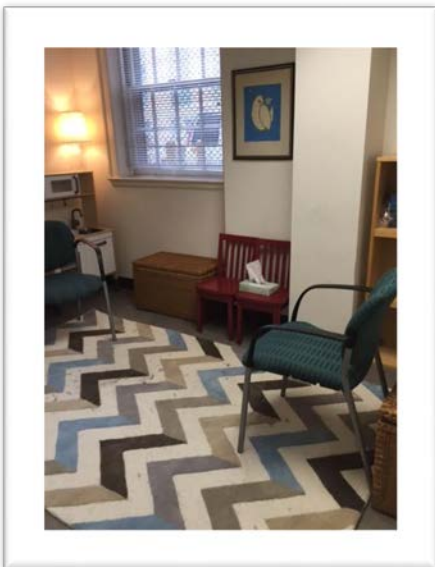
Dr. Richard Ruth has spent time designing a new course on diversity and multiculturalism and also editing a book with student Erik Santacruz, on emerging issues in LGBT psychology.

Committee Contributions



The Child Committee is dedicated to facilitating the learning of clinicians in our program who would like to work with children and adolescents, opening an ongoing conversation geared towards improving child work. Our hope is to continue to create a space for younger patients, which may include wall art, new and different toys, and art supplies.

The Community Enhancement Committee is excited to welcome five new members from the Class of 2020! This year, we're dedicated to pursuing three main objectives - improving the Clinic space, strengthening collegial bonds among students and faculty, and facilitating immersion in the greater DC community. Some events to look forward to: Clinic wall repainting October 15, our annual holiday potluck, fundraising, and an end-of-semester student social.



The Diversity Committee's mission is to think about and suggest proposals for improving the ways we address diversity and multicultural issues in all facets of the life of our community. In our initial meeting of the current academic year, we were pleased to see the vitality of interest among our student colleagues – we have members from the first-, second-, and third-year cohorts eager to serve on the committee, along with several faculty (including post-doc) members. Our members are from majority and minority cultures and include people from diverse racial, ethnic, and national backgrounds, diverse sexual orientations, and diverse professional interests and trajectories.

Among the topics of discussion at our academic year launch meeting: whether the “culture” in our classes might inadvertently lead some to feel their culturally determined styles of communication might be problematic or unwelcome (and how such styles can, indeed, lead to the richness of a learning environment); and exploring the possibility of planning a program-wide learning experience at the newly opened National Museum of African American History & Culture. Stay tuned!

James H. Hansell Award of Excellence

Dr. Hansell represented excellence in his devotion to his clinical work, innovative research endeavors, and most importantly, collegiality and support of others in the Program. A student who most fully embodied the life and work of Dr. Hansell is the ideal candidate for this award.

This annual award honors a student who demonstrates excellence in scholarship, clinical practice, participation in committees and activities within the program, interest and engagement in the study of psychotherapy, and overall embodiment of the practitioner-scholar model that Dr. Hansell valued. In addition, the winner of the James H. Hansell Award is one who has contributed to the betterment of the program through support of fellow students, commitment to the class, and dedication to fostering an environment that is supportive, open to diversity, and safe.

We are pleased to announce Maxwell Brooks, Psy.D., is the award winner for the Class of 2017. Congratulations!



On June 24, 2016 the department celebrated with supervisors, students, and faculty on the rooftop patio of 1957 E Street NW. Celebrations continued over Maxwell Brooks receiving the 3rd Annual James Hansell Award of Excellence and the weather holding out.



We welcomed Andy Hansell and Linda Hansell as we honored the memory of Jim Hansell.



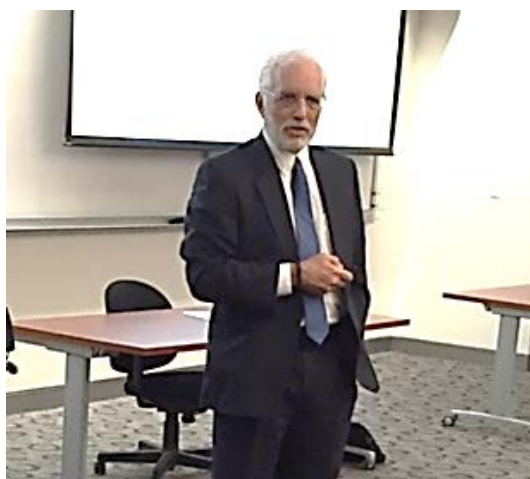
Colloquium Guests



Friday, September 9th Dr. Dorothy Holmes presented her paper on race in American psychology and the effect it has on patients with trauma **“Culturally Imposed Trauma: The Sleeping Dog Has Awakened: Will Psychoanalysis Take Heed?”** Afterwards there was a case conference in which Dr. Holmes discussed case material presented by Justin Hopkins, Psy.D.

Currently, Dr. Holmes serves on the Board of Directors of the National Register of Health Service Psychologists, the Program Committee of the American Psychoanalytic Association (APsA), and its Task Force on Diversity. Her paper will be published this year in *Psychoanalytic Dialogues*.

On Friday, April 15th Dr. Jim Kleiger presented **“Assessing Psychotic Phenomena: Unique Contributions of the Rorschach”**



Program supervisor Dr. Dana Harron presented **“Psychodynamic Approaches to Eating Disorder”** on September 30, 2016. She recently presented to APA on this topic and has a practice in the Dupont Circle neighborhood in Washington, D.C.

2016 Graduation

On Thursday, May 14, 2016 we welcomed the Class of 2016 and their guests with a reception in Old Main. Classmates that had been apart for almost a year shared internship experiences and plans, while faculty and family members expressed their mutual pride in the graduates' accomplishments. Speaking to the group, faculty noted that the four years spent in our program are short compared to the long future association we hope to enjoy: wherever future paths will lead, The Professional Psychology Program remains a home. Following the reception, we proceeded to the Doctoral Hooding Ceremony where it was noted that the designation of "doctor" signifies an original contribution to knowledge and the readiness to teach others, and where in a long-standing tradition, our students had their doctoral hood placed on their shoulders by Provost Maltzman and the Major Area Paper reader.

–Loring Ingraham, Ph.D.



The Center for Professional Psychology's Class of 2016

Community Updates

Dawn Johnson will be a Staff Clinician at George Washington University and will also be Coordinator for Clinical Services.

Jonathan Musman and his wife, Leba welcomed their 5th child on July 19th, just in time for Comprehensive Exams. We say to Joseph Shalom, welcome to the family and keep grinning.



Students from the accelerated Bachelor of Nursing program are joining observations with the Center Clinic to improve the delivery and quality of health care in nursing practice. This practical experience supports outcomes that promote health in diverse individuals and communities in a multi-cultural world.

Dr. Joseph Gorin is to be honored at the Community Partner Award at the Capital Area Immigrants' Rights Coalition Benefit Auction in October. The event supports a variety of pro bono services for adults and children to prevent deportation and fight injustice.

Samuel Salamon will be delivering a Brown Bag talk on the topic of Existential Psychology and its application on April 14, 2017 to fellow students and faculty.

Jane Howitt is now the Program Coordinator with Forensic Psychology Program on the Alexandria Campus <https://cps.gwu.edu/alexandria>. She comes from Westchester, NY, although has been in DC for ten years. Something unique she shared is that prior to this position, she worked for a small business, importing Irish peat products. Be sure to also check out the Art Therapy Clinic at that location.

Erica Pomerantz, Psy.D. is now the Director of Early Childhood Services at the Child Guidance Center of Southern Connecticut

Research Updates

Joining the Forensic Psychology Program is Dr. Matt Bruce, D.Clin.Psy. graduated in 2005 from University College London as a Clinical Psychologist and has since acquired a specialization in dangerousness and severe personality disorder. In the UK he lead a program funded by the Department of Health and Ministry of Justice, to treat high-risk of high-harm offenders with severe personality disorders. Dr. Bruce is also an honorary faculty member at the Institute of Psychiatry, Psychology and Neuroscience at Kings College London. In the US, he has worked as a Clinical Psychologist at Saint Elizabeth's Hospital and the Department of Behavioral Health in Washington DC.

Richard Ruth, Ph.D., has returned from sabbatical this year, writing projects that will be published:

- Review essays on Latin American psychoanalysis, psychoanalytic approaches to psychosis, feminist and intersectional approaches to race and gender in disability, and critical perspectives on the neuroscientific "turn."
- Book chapter being published on misogyny in gay men and its implications. He is looking at how this can be addressed is psychoanalytic therapies.
- An article on the ethics of multicultural practice which can be found at the following link:
<https://www.nationalregister.org/pub/the-national-register-report-pub/the-register-report-fall-2015/the-ethics-of-multicultural-practice/>.

The Center Clinic is a non-profit training clinic open to students and members of the DC community that may not otherwise have access to these services. We are offering the following group sessions:

Exploring Relationships Process Group
Gay Women Support and Identity Group
Gay Men's Support and Identity Discovery Group
Support Group for Senior Citizens is offered off-campus
Transgender Support Group
Women's Interpersonal Process Group

Locations and times are subject to change. Group participants do not need to be current Center Clinic patients. You can reach Dr. Michael Magenheimer at mmagenheimer@gwmail.gwu.edu to learn more or find out how to include prospective patients.

Dr. Cheri Marmarosh has been researching group attachments and relationships in group therapy. Currently her research will be used to predict better outcomes in leader and member interactions and applications in group psychotherapy as well as graduate education.

Marta Miranda (2014) is an APA representative for Washington state and currently has a clinic called Mariposa Therapy and Assessment.

Research Updates

In June, Dr. Loring Ingraham traveled to San Diego, CA to discuss “Exploratory Analysis of Social Media Prior to a Suicide Attempt.” Dr. Ingraham continues his cross-disciplinary collaboration with data scientists in the computational linguistics community to help developing social media tools to analyze and promote mental health.

Dr. Jim Sexton chaired a Paper Session on Depression Subtypes during the Society for Personality Assessment in Chicago this March. Students who attended and presented include Anita Raman, Claire Holland, Elizabeth Miceli, Maggie Sabo, Shelley Marfori, and Zixuan Wang.

Dr. Sarah L. Hedlund chaired a Paper Session for the Society for Personality Assessment annual convention in March 2016, in which Gergely Földesi presented on The Hungarian Rorschach System and Maria Filipe Lima presented on the French Scoring System. Kasia Garland also presented The Impact of Countertransference on Assessment: A Case Study at this conference.

Drs. helen DeVinney Sarah L. Hedlund, and Heather Churchill (alumn) also participated in the Association for the Psychoanalysis of Culture and Society Conference on a panel titled “The Necessity of a Systems Perspective in Institutions and Group Settings” and “Protections from Projection.” Dr. Lara Sheehi participated in the Paper Session on “Psychoanalyzing While Arab.”

Dr. Rukhasana Chaudhry (2010) is receiving an award by the American Muslim Health Professionals at the Muslim Mental Health Conference for her work on the Board of Directors. She most recently has been named Associate Editor of the International Journal of Institutionalized Children Explorations and Beyond.



Baked by Courtney Formicola. Photo credit N. Danraj